

Redwood Community Center

Upland Park, 280 6th St., Brookhaven PA 19015

Any Questions Call:

Redwood Coordinator: Brooke Kempczynski 610-891-6061 /
KempczynskiB@co.delaware.pa.us



Monday	Tuesday	Wednesday	Thursday	Friday
29 Fitness w/ Deanie 11-12 Line Dancing 1-3	30 Beginner Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	1 Cardio Drumming 10:45-11:45 Chair Yoga 12-1 Zumba 1:30-2:30	2 Parkside Senior 9-3	3 Tai Chi 12-1:15
6 Pilates w/ Deanie 11-12 Line Dancing 12:30-2:30	7 Improv Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	8 Cardio Drumming 10:45-11:45 Chair Yoga 12-1 Zumba 1:30-2:30	9 Parkside Senior 9-3	10 Tai Chi 12-1:15
13 Fitness w/ Deanie 11-12 Line Dancing 12:30-2:30	14 Beginner Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	15 Cardio Drumming 10:45-11:45 Chair Yoga 12-1 Zumba 1:30-2:30	16 Parkside Senior 9-3	17 Tai Chi 12-1:15
20 Pilates w/ Deanie 11-12 Line Dancing 12:30-2:30	21 Improv Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	22 Cardio Drumming 10:45-11:45 Chair Yoga 12-1 Zumba 1:30-2:30	23 Parkside Senior 9-3	24 Tai Chi 12-1:15
27 Fitness w/ Deanie 11-12 Line Dancing 12:30-2:30	28 Beginner Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	29 Cardio Drumming 10:45-11:45 Chair Yoga 12-1 Zumba Halloween Bash 1:30-3:30	30 Parkside Senior 9-3 Thursday Night Dance 6-9	31 Tai Chi 12-1:15

